

refresh | rejuvenate | revitalise

Eden

HEALTH & BEAUTY SPA

SINCE 1988

By Appointment only

Sally Corless PROPRIETOR

CIBTAC BTEC MGBT DIPLOMA

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**A 50% charge will be made for appointments cancelled
without 24 hours prior notification**



**Winners of the prestigious England's Business Awards
Best Beauty Salon Gloucestershire 2019**





MASSAGE

EDEN SIGNATURE MASSAGE

THE EDEN ESCAPE

£68

A blissful 1 ¼ hour spent indulging in a luxury treatment for the back, scalp and face. We begin the journey with hot towels cocooning the back, starting the relaxation journey. The beautiful aroma of frangipani continues this soothing journey as we work on pressure points through the back, scalp and face. A deeply relaxing experience.

AROMATIC SWEDISH MASSAGE

A deeply relaxing, therapeutic massage working on the muscles and joints to relieve tension spots.

Back Massage	20 mins	£29
	30 mins	£35
	40 mins	£42
	55 mins	£50
	1 ¼ hrs	£60

Can be done as deep tissue

HOLISTIC THERAPIES

AROMATHERAPY

A relaxing therapeutic massage, creating a feeling of harmony throughout the body and mind. Essential oils are individually chosen and blended by the therapist after a consultation. The massage works on pressure points through the body, scalp and face.

Back Massage £38

Full Body Massage £60

INDIAN HEAD MASSAGE

An holistic ancient way to treat stress within the upper back, neck, scalp and face. This improves well being and relieves tension headaches, sinus problems and muscular pain.

30 mins £39

40 mins £47

REIKI

Pronounced 'ray-key'

An ancient Japanese alternative medicine called energy healing, designed to create balance and harmony in the body and mind. Gentle, non- intrusive, healing.

45 mins £42

1 hour £49

HOPi EAR CANDLE THERAPY

£43

A native American Hopi Indian relaxation ceremony.

A special candle is used, inserted gently into the outer ear canal. A 'chimney effect' draws any impurities out, including excess wax, equalising the pressure in the head and ears. This has a calming, soothing effect promoting inner healing.

e FACIALS

We have sourced the best products and use of machinery to provide powerful, results driven facials.

ELEMIS

ELEMIS DYNAMIC RESURFACING FACIAL

£75

Targeting the signs of ageing and dull, tired, uneven skin using their dynamic resurfacing range with patented tri-enzyme technology, boosting the natural exfoliation cycle.

ELEMIS PRO COLLAGEN AGE DEFY FACIAL

£70

Experience the age-defying benefits of marine-charged Padina Pavonica for optimum cellular function. Beautiful hydrated, glowing skin.

ELEMIS RADIANCE FACIAL

£57

The facial is personalised for your skin to deeply cleanse, brighten, hydrate and detoxify.

ELEMIS EXPRESS FACIAL

£39

A cleansing treatment, ideal to fit into a busy day.



ENVIRON

ENVIRON ESSENTIAL FACIAL

£57

Using the power of Vitamin A to restore a healthy skin. Suitable for all skin types

ENVIRON ADVANCED FACIAL

£69

The power of Vitamin A combined with high frequency and galvanic current to restore the skin's natural pH and rejuvenate the skin.

MICRODERMABRASION

The award winning Skinbase system immediately increases the skin's radiance by using a jet of crystals to gently remove the outer layer of old skin cells. This intensely exfoliates and resurfaces the skin. The crystals and cells are simultaneously removed using a vacuum action, stimulating blood flow and the production of collagen and elastin to the treated areas.

MICRODERMABRASION EXPRESS FACIAL 30 mins £43

MICRODERMABRASION REJUVENATING FACIAL £70
Microdermabrasion is combined with a treatment mask and soothing scalp, neck and shoulder massage.

MICRODERMABRASION AND LED LIGHT THERAPY £80
Combined for powerful results.

O P A T R A® L O N D O N

LED LIGHT THERAPY

A powerful way to treat skin conditions on a deeper cellular level promoting healing, cell renewal and repair, reducing age spots and redness, and eliminating large pores and acne.

Blue light is deep cleansing, great for even extreme acne.

Red light is used to fight the ageing process.

Green light fights bacteria and improves pigmentation and redness.

LED EXPRESS FACIAL 30 mins £42

LED INTELLIGENCE FACIAL £60

A powerful facial designed and adapted for your skin. Successful in treating acne, pigmentation and ageing skin. Rejuvenating for all skins.



A patented pulsed oxygen system enables oxygen to reach the deepest layers of the skin, smoothing fine lines, fighting acne and boosting collagen production.

THE ULTIMATE OXYJET REJUVENATING FACIAL £75
Powerful treatment fighting the signs of ageing.

BEAUTY ESSENTIALS

EYES

EYEBROW SHAPE

£12

Using tweezers, wax, or threading to shape and lift the eye area.

EYEBROW TINT *

£10

EYELASH TINT *

£16

EYELASH & BROW TINT *

£23

AIRLIFT EYELASH LIFT AND TINT*

£43

The combination creates the ultimate, natural appearance of gorgeous, fuller, longer lashes.

* patch test required at least 24 hours prior to booking

HANDS AND FEET



Our polish system is CND Vinylux and CND Shellac.

CND (Creative Nail Design Inc.) is the global leader in professional nail, hand and foot beauty. Producing ground-breaking products.

FILE AND POLISH (hands or feet)

£17.50

CND SHELLAC APPLICATION (hands or feet)

£26.00

HANDS

MANICURE

£28

Hand and nail care including a massage and polish

CND SHELLAC MANICURE

£35

Hand and nail care including Shellac application.

FEET

PEDICURE

£35

Nail care, check for hard skin, massage and polish.

MICRODERMABRASION PEDICURE

£52

A full pedicure combined with microdermabrasion for dramatic exfoliation of hard skin. (Including polish) Add in CND Shellac

£57

CND SHELLAC PEDICURE

£45

All the foot care including shellac.

CND SHELLAC REMOVAL FOR HANDS OR FEET (ONLY IF APPLIED AT EDEN) £12

HAIR REMOVAL

WAXING

We use an organic crème wax and fabric strips making the experience as gentle on the skin and as comfortable as possible. Hot wax is used for intimate waxing.

HALF LEG	Lower half	£19
	Top half (no b/wax)	£25
	Top half and bikini wax	£30
	Top half and Brazilian	£38
	Top half and LA strip	£40
	Top half and Hollywood	£42
¾ LEG		£28
FULL LEG		£31
FULL LEG & BIKINI		£36
FULL LEG & BRAZILIAN		£43
FULL LEG & LA STRIP		£45
FULL LEG & HOLLYWOOD		£50
BIKINI WAX		£14
BRAZILIAN WAX (landing strip)		£25
L.A. STRIP WAX (small strip/ clear underneath)		£29
HOLLYWOOD WAX (all hair removed)		£33
UNDER ARM WAX		£13
LIP WAX		£10
CHIN WAX		£12
LIP & CHIN WAX		£18
LIP, CHIN & SIDES OF FACE		£25
EYEBROW WAX		£12
FOREARM WAX		£19
FULL ARM WAX		£26
BACK WAX		£30
CHEST WAX		£30

THREADING

Originating from India over 6,000 years ago, a piece of cotton thread is used to remove unwanted hair. A great option for sensitive skin.

EYEBROWS	£12
LIP	£10
CHIN	£13
LIP & CHIN	£20
LIP, CHIN & SIDES FACE	£28

ELECTROLYSIS

A consultation is necessary before treatment.

The only true permanent method of hair removal. A disposable probe is used to supply a small amount of electrical current to cauterise the blood supply to the hair. Each hair is treated individually, and more than one treatment is expected per hair.

We use 2 methods which are explained in the consultation .

THERMOLYSIS	10 mins	£16	BLEND	10 mins	£19
	15 mins	£18		15 mins	£22
	20 mins	£21.50		20 mins	£25
	30 mins	£30		30 mins	£35

ADVANCED ELECTROLYSIS

MILIA REMOVAL

from £20

THREAD VEIN TREATMENT per session

from £45

A consultation is necessary.

A fine probe is used to cauterise each dilated capillary. Thread veins sit just under the surface of the skin. There are many causes, and often they become more noticeable as we mature. A very successful treatment for facial veins.

SKIN TAG REMOVAL

from £25

A consultation is necessary.

Skin tags are harmless growths on the skin, usually caused by skin to skin, or clothing to skin rubbing.

Price varies due to the number of tags treated , and the time taken for treatment.

